

Act with Optimism & Courage!

Lunch Session April 12th

Do you know that optimistic teams are 30% more likely to be engaged, productive and innovative? That you sell yourself better when you are optimistic, for example in a job interview or pitch? And that you can easily improve this skill with little effort?

Join us Friday for an inspiring and pragmatic lunch session to learn 7 daily habits that will increase your optimism and courage – for example, to stand up for sustainability causes, to land your dream job, or to launch your own business. Bring your lunch and change your future!

Date: Friday 12 April 2024

Time: 12:30-13:15

Location: Sun, TU Delft Library



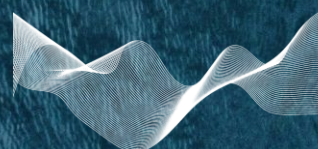
Speaker and Hosts:

Kirsten Spahr van der Hoek and Yilin Quan

*Center for Innovative Leadership, ex-McKinsey; TU Delft alumnus
Results from a scientific research project together with UvA*



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